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7th January 25

Dear Parents/Carers



Re: Year 5 Puberty Education Session

We are writing to inform you that the Sandwell School Nursing Team will be delivering a Puberty Talk to all Year 5 children on **Wednesday, 29th January, 2025.**

The session will focus on the changes boys and girls experience during puberty, both physically and emotionally. The children will receive factual, age-appropriate information to help them understand the developmental changes their bodies go through.

The session will be delivered to both boys and girls together and will include the use of correct medical terminology for body parts, such as penis, vagina, and nipples. This is a vital part of ensuring children have a clear understanding of their development and are equipped with accurate information as they grow.

We believe this session is extremely important for your child's understanding and confidence during this stage of their development. However, if you have any questions or concerns about the content of this session, please do not hesitate to contact the school office on 0121 552 5491.

Thank you for your continued support.

Yours sincerely,
Mrs Hadley